

# Select High School League (SHSL)

## **PLAYING RULES**

### **Boys Rules**

1. This league shall be a USSF sanctioned league
2. National Federation (High School) rules shall apply in all cases with the following exceptions:
  - A. The games shall consist of two (2) 25 minute halves with a 5 minute half time
  - B. No offside
  - C. Substitutions will be made on the fly
  - D. Goalie in control of the ball may not kick, punt, or drop kick the ball past the half line in the air. Penalty for violating this rule – Indirect free kick at the half line.
  - E. Goal kicks may go beyond the half line in the air.
  - F. Players receiving a yellow card must leave the field until the next legal substitution opportunity
  - G. Penalty kicks will be taken from the top of the penalty area.
  - H. Players must retreat five (5) yards away from all free kicks.

### **Girls Rules**

1. This shall be USSF sanctioned league
2. National Federation (High School) rules shall apply in all cases.